

## South East Runners 23 February 2013

Last weekend's South East Runners event was held at the 10-mile Lagoon Wind Farm, which provided a very challenging course for runners and walkers. Not only did competitors have to contend with the hills, they also had to navigate between the windmills to select the optimal course. At least the weather conditions were ideal for the event.

The five windmill course was estimated to be about 2.5km. Ellen Rae had a good return to form to be the first to cross the line, with a fast-finishing Adam Maccan taking out second place. Zoe Maccan was the third place-getter.

The nine windmill course was around 5km and Patrick Rae took out the line honours in this event. Sharlene Smith was second and Kerry Polkinghorne third. Five runners set themselves the challenge of the long course to touch all 16 windmills, a distance of around 10km. Owen Critchley was the first runner back, a mere one second ahead of Richard Brown. Third place went to James Rae. Maureen Dickason set herself the challenge of walking the long course, and finished in a creditable 1.20.40.

There is no run next weekend due to the long weekend, and SER events resume on March 9th at the usual time of 4pm. The start venue is the car park at the John St/Twilight Beach Rd intersection, and distances on offer are 2km or 5km.

### **~2.5km:**

Ellen Rae 13.01, Adam Maccan 15.01, Zoe Maccan 23.06, Donna Maccan 23.14, Josh Maccan 23.16

### **~5km:**

Patrick Rae 23.19, Sharlene Smith 28.00, Kerry Polkinghorne 31.34, Jenny Morcombe 36.51

### **~10km:**

Owen Critchley 48.34, Richard Brown 48.35, James Rae 48.55, Andy Maccan 51.40, Howard Reddyhough 56.16