

South East Runners 9 March 2013

Last Saturday's South East Runners' event was held on the hills along West Beach towards Blue Haven Beach, in perfect conditions. There was a choice of 2km or 5km distances.

Brian Sylva put in a blistering effort in the 5km run, to finish in a sub 4-minute per km pace. In second place was Shannan Dixon, with Richard Brown hot on his heels a mere 3 seconds behind. Richard achieved a personal best time on his SER record, as did Kerry Polkinghorne, who took 20 seconds off her best time.

in the 2km run Zoe Maccan also achieved a PB, slicing 10 seconds off her best, and finishing third runner home. Ellen Rae took the line honours, followed by Adam Maccan in second place.

Next Saturday's event will take place on the Esperance foreshore, from the carpark opposite the Cannery Arts Centre, as the original venue of the Tanker Jetty carpark is currently inaccessible. Start time is 4pm and there is an option of 2km, 4km or 6km.

2km run:

Ellen Rae 9.24, Adam Maccan 10.41, Zoe Maccan 11.31 (PB), Beth O'Callaghan 11.53, Donna Maccan 12.28, Josh Maccan 14.50, Andy Maccan 14.51, Liam Critchley 15.41

2km walk:

Lisa and Cooper Critchley 19.13

5km run:

Brian Sylva 18.52, Shannan Dixon 23.14, Richard Brown 23.17 (PB), Pam Williams 23.32, Owen Critchley 24.50, Howard Reddyhough 25.53, Lance Williams 27.01, Alison Reddyhough 27.37, Catherine Askey-Doran 28.07, Kerry Polkinghorne 28.07 (PB)

5km walk:

Maureen Dickason 41.58