

Last Saturday's South East Runners' event was back on the hilly course from Twilight Beach, although the distances were a little easier than for the previous weekend's fun run events. Options were 2km, 4km or 8km.

Conditions were warm initially, but changed quickly to finish with a light shower of rain at the end. The 4km run was the most popular event with 10 competitors. Patrick Rae had another good run to take out first place, ahead of Pam Williams in second and Ian Gardner in third. Ian achieved a PB for this distance, taking 5 seconds off his previous best time. Donna Maccan also recorded a PB, improving on her best time by 7 seconds.

For the 8km runners Brian Sylva came back from injury to take the line honours and record his SER best time by 2.21. Conor O'Callaghan finished in second place and Howard Reddyhough third. Alison Reddyhough recorded a recent PB by 1.18.

The 2km run was dominated by the junior runners, with Andy Maccan also running this distance with his youngest son Josh. Jack Sharpe was the first to finish, with Ellie Smith in second place and Josh Maccan third, with a terrific PB of 57 seconds.

Chris Cassam and his children were the first to finish in the 4km walk, followed by Leanne Cassam, then Fiona Baird. Another Maccan family was represented in the 2km walk, with Paul and Jorja finishing first in this event.

Due to the ongoing foreshore work there is another change of venue for next Saturday's event. The event will be held from the end car park of Castletown Quays, and will be a beach and path combo. Start time is 4pm.

**2km run:**

Jack Sharpe 9.39, Ellie Smith 11.32, Josh Maccan 12.07 (PB), Andy Maccan 12.07, Lauren Smith 13.14

**2km walk:**

Paul and Jorja Maccan 18.52, Cindy and Allan Sharpe 19.42, Elisha and Kellie Maccan 23.57

**4km run:**

Patrick Rae 17.12, Pam Williams 18.36, Ian Gardner 19.09 (PB), Adam Maccan 21.46, Marie Lucey 22.27, Zoe Maccan 22.34, Callan Hutchinson 22.41, Donna Maccan 23.57 (PB), Sharlene Smith 24.57, David Hart 31.49

**4km walk:**

Chris Cassam, with Nathan and Abbie, 29.36, Leanne Cassam 35.24, Fiona Baird 43.04

**8km run:**

Brian Sylva 31.22 (PB), Conor O'Callaghan 39.27, Howard Reddyhough 40.36, Alison Reddyhough 41.01 (PB), Shannan Dixon 43.34, Jo Last 43.36, Michael Paterson 43.38, Aine Murphy 46.45