

The South East Runner's event last Saturday was along the pathway from West Beach towards Blue Haven. The conditions were pleasant and made for a great day for a run or walk.

A small field of 26 took part this week, with Jack Sharpe and Thomas crossing the line almost together, with only 400ths of a second separating them at the tape. Chris Cassam again showed everyone clean set of heels in the 2km walk. It was great to see Maureen Dickason back pounding the pavement after a long hiatus in South Africa.

First place in the 5km run was hotly contested by Richard Brown and David Carolan. Jody McGill kept up a strong pace and was almost sprinting as she crossed the line. A great run by Zoe Maccan as part of her preparation for the interschool athletics carnival this week.

Next week's event will be at the Kepwari Walk Trail (Windabout Way entry) at 4pm.

2km run:

Jack Sharpe 8.54, Thomas 8.54, Darcy Redman 9.22, Charmaine Redman 10.10, Josh Biscoe 13.27, Joshua Maccan 14.27, Erin Kinson 16.46

2km walk:

Chris Cassam 13.53, Leanne Cassam 17.41, Pamela Williams 18.34, Maureen Dickason 18.34, Cindy Sharpe 19.49, Sharlene Smith 20.26, Lauren Smith 21.14, Allan Sharpe 21.23, Tayla Biscoe 26.27

5km run:

Richard Brown 22.13, David Carolan 22.25, Jody McGill 24.39, Ian Gardner 25.38, Ellen Rae 26.30, Steve Neal 27.00, Nuala Carolan 27.07, Zoe Maccan 28.22, Kristin Small 29.41, Caitlin Hoey 29.41, Sharon Woods 30.18, Jen Biscoe 32.44