

The cold and rainy conditions last Saturday did not deter a small field of competitors from attending South East Runners event at Blue Haven.

Chris Cassam, along with Abbie and Nathan in the double pram made good time along the hilly route. Darcy Simson improved his time in his second outing with the club by a massive 6 minutes. His competitive streak saw him cross the line just in front of his mum Melissa.

Brian Sylva put in a strong run in the 5km run, with Andy Maccan following him home 2 min 44sec later.

Next event starts from the Phyllis St/Goldfields Road carpark. Have a BeanBreak coffee van will be in attendance, with all money crossing the counter being donated to the RFDS through the Gibb River Challenge. So come along, have a great run or walk, then reward yourself and the RFDS.

Stay tuned for another upcoming special event in a couple of weeks, were members will be encourage to "Go Orange" for Prader Willi Syndrome awareness.

Like the South East Runner facebook page to stay in touch with events, and even see a photo or two!

2km run:

Zoe Maccan 9.42, Caitlin Hoey 10.10, Joshua Maccan 12.33, Donna Maccan 13.05, Erin Kinson 16.08

2km walk:

Chris, Abbie and Nathan Cassam 14.46, Leanne Cassam 17.16, Tim Ammon 17.17, Cindy Sharpe 19.02, Darcy Simson 21.52, Melissa Simson 21.54

5 km run:

Brian Sylva 20.04, Andy Maccan 22.47, Aine Murphy 23.25, Jody McGill 23.31, Ian Gardner 25.50, Charlotte Della Vedova 31.27