

Last weekend's South East Runners' event was held in perfect conditions from the foreshore carpark near Phyllis St in Castletown. Shannan Dixon and Brian Sylva set an interesting new course which included running or walking to the end of the jetty, for those doing the 4km or 8km distances.

Jessie Eltringham set a cracking pace in the 2km run to stay ahead of her mum Sonya. Sonya set a SER personal best time by 6 seconds. In third place was Jack Sharpe, who also achieved a PB, by 57 seconds. Zoe Maccan took out 4th place and another PB. Zoe improved on her time by 9 seconds.

Ian Oversby was the first to finish in the 2km walk, with his wife Karen the second walker back. Lisa Critchley, with her sons Liam and Cooper close behind, was the third to cross the line.

The Tobin family came along to their first SER event in a while, and cleaned up in the 4km run event. Shane finished first, with his son Harrison in third. Andy Maccan had a good run to achieve close to his PB and achieve a second place finish. Donna Maccan ran well to record a personal best time by 51 seconds.

For the walkers in the 4km distance first place once again went to Chris Cassam. Lance Williams was second and Lauren Vardy third.

The 8km run event was the most popular of the day, with 11 entrants. Owen Critchley started steadily, then picked up the pace to reel in the earlier leaders and finish first. Second place went to Richard Brown and third to Conor McConnell. Sheila Oorschot had a top run to record a PB, helped along by a tussle with Howard Reddyhough and Nola Towers for much of the race. Sheila improved on her time by 16 seconds.

Next Saturday's event starts from West Beach at the carpark near the intersection of John St and Twilight Beach Rd. Start time is 4pm, and the distances will be 2km or 5km.

#### 2km run:

Jessie Eltringham 6.47, Sonya Eltringham 7.12 (PB), Jack Sharpe 8.12 (PB), Zoe Maccan 8.31 (PB), Anna Tobin 11.00, Madison Butler 11.00, Lucas Tobin 11.03, Caitlin Oversby 11.32, Jayme Ammon 15.17

#### 2km walk:

Ian Oversby 18.49, Karen Oversby 20.51, Lisa Critchley 22.49, Liam and Cooper Critchley 22.57, Abbie Cassam 30.46, Leanne Cassam 30.46, Nathan Cassam 30.46

#### 4km run:

Shane Tobin 16.56, Andy Maccan 17.38, Harrison Tobin 21.24, Kayla Armistead 22.16, Linda Tobin 22.18, Tamara Warry 22.49, Donna Maccan 23.06 (PB), Hillary Duffy 24.14

#### 4km walk:

Chris Cassam 28.38, Lance Williams 35.52, Lauren Vardy 36.43, Tim Ammon 40.33, Allan Sharpe 40.30, Lyn Trunfio 40.57, Frank Trunfio 40.59

#### 8km run:

Owen Critchley 34.17, Richard Brown 35.18, Conor McConnell 35.42, Jody McGill 39.23, Pam Williams 41.20, Howard Reddyhough 42.53, Sheila Oorschot 42.16 (PB), Nola Towers 42.19, Alison Reddyhough 42.53, Charlotte Della Vedova 48.21, Jake Hann 49.51