

Last Saturday's South East Runners event was held in warm and windy conditions on the track at Lake Monjigup. Runners and walkers had a choice of 2.2, 4.4 or 6.6km distances, and there were competitors in each distance.

In the shorter run distance Jack Sharpe led the way, although he was hotly pursued by young runner Tom Knight. Danita Behrens was third and Jayme Ammon fourth. Howard Reddyhough opted for a break from running and entered the 2.2km walk, finishing first. Chrissie Haycock was second, and Leanne Cassam was third. It was tough course for Leanne who pushed her two young children in a stroller along the gravel track.

The 4.4km run was the most popular event with seven competitors. Patrick Rae finished first ahead of Ian Gardner, then James Rae. Allan Sharpe was the winner of the 4.4km course, ahead of Mel and Tim Ammon who finished virtually together.

Just three runners opted for the 6.6km course. Stephan Haycock was the first finisher; Richard Brown second; and Hillary Duffy third. Chris Cassam was the only taker for the 6.6km walk, and worked hard to finish not too far behind the runners.

Next weekend's event will start from the car park at Twilight Beach at 4pm on Saturday. Distances on offer are 2, 4 or 8km for the runners, and 2 or 4km for the walkers.

2.2km run:

Jack Sharpe 10.40, Tom Knight 10.55, Danita Behrens 12.00, Jayme Ammon 16.27

2.2km walk:

Howard Reddyhough 19.19, Chrissie Haycock 19.55, Leanne Cassam 20.35, Paul Sharpe 21.56, Cindy Sharpe 22.18

4.4km run:

Patrick Rae 19.49, Ian Gardner 20.54, James Rae 21.15, Lara Knight 21.57, Charlotte Della Vedova 27.04, Leanne Johnson 28.54, Rachael Doney 29.02

4.4km walk:

Allan Sharpe 36.43, Mel Ammon 40.14, Tim Ammon 40.15

6.6km run:

Stephan Haycock 26.56, Richard Brown 30.49, Hillary Duffy 43.20

6.6km walk:

Chris Cassam 45.22