

South East Runners 20 July 2014

The beautiful tracks around Lake Windabout and Wheatfield were the venue for the South East Runners' event last Saturday. Conditions were cool with a light drizzle, but ideal for running.

The event was a cross-country one, held on tracks and the Kepwari boardwalk, with a choice of distances from 1.5km to 6km.

The 1.5km run was popular with the younger runners, with juniors taking out the first three places. Ellen Rae was the first runner to finish, with Thomas Knight in second place and Kaden Brown very close behind for third.

In the 3km run Cameron Brown finished with a good lead to take out first place, followed by Patrick Rae in second and Pam Williams third.

There were six entrants in the 3km walk event, including young Cooper Critchley in his off-road pram! Chris Cassam was the first back, over 5 minutes ahead of second place-getter Maureen Dickason.

The 6km run on the boardwalk had 12 competitors, again including a youngster, Beau Sylva who was pushed by dad Brian. Shannan Dixon was the first to finish, with Stephan Haycock in second place. Owen Critchley was the third runner to finish.

Next week's event is back to the bitumen, with the start venue being the carpark at Twilight Beach. Distances are 2km, 4km or 8km, and the start time is 4pm on Saturday.

1.5km run:

Ellen Rae 6.24, Thomas Knight 7.25, Kaden Brown 7.31, Sharlene Smith 8.20, Brandon Turner 8.42, Liezl DeBeer 10.23, Jenell Brown 10.35, Chrissie Haycock 12.04

3km run:

Cameron Brown 13.52, Patrick Rae 14.47, Pam Williams 15.01, Bella Clifton 15.19, Ian Gardner 16.53, Beth O'Callaghan

3km walk:

Chris Cassam 21.00, Maureen Dickason 25.15, Alison Reddyhough 31.49, Howard Reddyhough 31.49, Fiona Baird 32.16, Lisa and Cooper Critchley 32.16

6km run:

Shannan Dixon 23.27, Stephan Haycock 24.49, Owen Critchley 26.44, Brian and Beau Sylva 28.11, Lance Williams 29.07, Ashwin Nair 30.42, Greg Long 31.09, Rachel Crabb 32.08, Jane Hopkins 36.13, Ashley Fitzgerald 36.13, Hillary Duffy 36.23