

South East Runners held an interesting cross-country event on Wireless Hill last weekend over quite varied terrain. Richard Brown set the course, which included trails, steps, paths and rock climbs. A number of competitors accidentally took a shortcut, which unfortunately meant that their times were recorded as a DNF.

The 2.9km run was the most popular event with 13 runners. Ellen Rae was the first runner back, followed by Jo Loffler in good form in second place with Liana Smith third. For the 2.9km walkers only three of the nine competitors accurately completed the course - a reminder to all to listen carefully to the race briefing! Alison Reddyhough was first back, two seconds ahead of husband Howard, who was just a few seconds ahead of Hillary Duffy. Maureen Dickason opted for the 5km walk, which she did in impressive style.

Despite playing football earlier in the day Patrick Rae still had some life left in his legs, and was the first to finish in the 5km run. Michael Paterson ran well for second, and Stephan Haycock took out third place.

Next Saturday's event is a beach and path run, starting at Summy's Park near the boat ramp at Bandy Creek. Start time is 4pm on Saturday, and the distances range from around 2km to up to 12km.

2.9km run:

Ellen Rae 14.15, Jo Loffler 15.54, Liana Smith 16.33, Kaden Brown 19.58, Andrew Wilson 19.58, Hayley Fletcher 20.06, Glen Fletcher 20.07, Connor Middleton 20.39, Carolyn Middleton 20.39, Jenell Brown 21.26, Cameron Brown 21.27, Freya Fletcher 23.03, Jane Fletcher 23.05

2.9km walk:

Alison Reddyhough 29.05, Howard Reddyhough 29.07, Hillary Duffy 29.12

5km walk:

Maureen Dickason 49.25

5km run:

Patrick Rae 27.59, Michael Paterson 28.37, Stephan Haycock 28.42, Jason Riggs 28.51, Desiree Clarke 29.39, Lance Williams 30.50, Catherine Askey-Doran 31.16, Greg Long 31.36, Jo Last 31.43